

Rotary Club of Santa Rosa West

Bulletin for April 26, 2010 School Garden Network

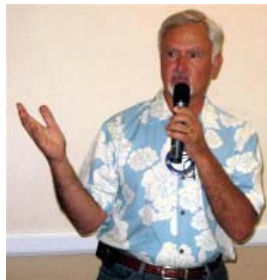
By David Wattell

Preliminaries



President Susan began the meeting at: 12:29

Pledge of Allegiance was led by: **Chuck Olson**. Rotary Moment was given by: **Janet Codding**.



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Coming Up:

5/3 - Cinco de Mayo Party (in lieu of noon meeting)

5/10 - High School Speech Competition: "Project Civilization."

5/14-16 - [District Conference](#)

5/17 - Dr. Robert Eyler, Chair of the Economics Department at SSU

5/24 - Magdalena Ridley, Program Director for Land Paths

5/31 - DARK

This week's joke was told by **Joe Perez** who pointed out that one of the worst situations to be in (while married) is to realize that during an argument that you are wrong. I think that compares with admitting you are lost when looking at a map.

Total guests beat visiting **Rotarians**, six to two.

President Susan held a special auction for two items left at a recent "Rebuilding Together" event: **Ginny Pitts** paid \$1.00 for a dirty sweat shirt; **Darcie Fellows** paid \$1.00 for a similar item to be given to **Jason**.

Announcements & Such

President Susan outlined two proposed changes to the **Club's** by-laws. The first is to move the date of the **Club's** Board of Directors meeting from the second Tuesday of each month to the third Wednesday. The second change is for the proposed 'new member' 10-day notification to begin on a Saturday, instead of another day of the week. This will more directly correspond with the timing of the issuance of any given weekly bulletin.

President Susan announced the **Club's** roster is being reprinted and requested any update info be sent to **Jim Valinoti** (valinoti@sonic.net).

Ginny Pitts announced this year's annual **Cinco de Mayo party** will be held **NEXT** week (May 3rd) at **Ginny's Harvest Moon Winery, 2192 Olivet Road**. The party starts at 5:00 pm and will take the place of the noon meeting. Bring your spouse or significant other and enjoy great food, great fellowship, fun and libations.

Darcie announced the need to collect silent auction items for the upcoming Dogs 4 Diabetics event. (The date for the event was not disclosed however, Darcie would be happy to tell you about it).



President Susan made a series of check presentations to organizations and/or projects funded from this year's crab feed funds. The Projects Committee (this year) consisted of the following **Rotary Club** members: **Tarina Hall, Matt Delaney, Pam Davis, Chuck Baker, Darcie Fellows and Doug Angelo**. Representatives from the following organizations were on hand to receive their monies:

Melissa Williams accepted a check for \$3,500 made out to the **CHOPS Teen Center** for a new culinary program;



Anne Abrams accepted a check for \$5,000 made out to the **Multicultural Center** for continued preschool and meals support;

Tarina Hall accepted a check for \$6,000 made out to **Rebuilding Together** for continued help with disabled and disadvantaged people;



Pam Davis accepted a donation from the Club of \$5,000 to **International Rotary** projects, i.e., festival of brotherhood and Ecuadorian project;

\$2,500 went to **Boy Scout troop #125** for continued support.

There are a total of 13 projects identified for a total of \$42,600 to be distributed.

Recognitions & Bragging Bucks

Peter LaMonica \$10.00 for the bright orange shirt that he wore to the meeting. He bought it while on a cruise to the Bahamas that ran aground in Montana. **Peter** said that he plans to stay home for a while and the cruise lines are quite happy with that decision.

Tracy Cline \$30.00 for not a whole lot except that **Pam Davis** is going to be a grandmother for the second time.

Chris Parr \$15.00 for a whole bunch of stuff that she is involved in plus her and **Janet Coddling's** upcoming gig as clowns in the Rose Parade.

Chuck Stark \$0.00 for his cancelled trip to Nigeria the affect of one angry Icelandic Volcano.



Senior Distraction:
"Now let's see, did I remember to pay my AMEX bill or not?"

Program: School Garden Network



Introduction by **Matt Delaney**

Larry Martin (from the SR Sunrise Club) spoke about the Sonoma County School Garden Network. The network's primary mission is directed at educating both children and their parents on the benefits of a good diet and nutrition.



A film titled "Two Angry Moms" was shown depicting many of the types of foods offered at elementary through high school cafeterias that are primary causes of obesity in children of all ages. Items identified as problem causers include: French fries, soda, potato chips, cake, pop tarts (to name a few). It is estimated that 15% to 20% of all children are overweight and an additional 17% are obese. For the first time since the Civil War (1860's) it is estimated at 40% of all children will not outlive their parents. This prediction is based on the expectancy of increases in both diabetes and coronary diseases over a shortened lifespan.

The school garden network program offers instruction and materials needed to start a vegetable garden that a group of children can grow. To date the program started (incubated) 30 gardens each having a 3 year growth cycle.

Besides providing healthy and a nutritional food source it has been shown that the group working together instills leadership, meandering, organizational and team work skills.

Your Bulletin Reporter:
David Wattell



Your Bulletin Editor:
Jim Valinoti

