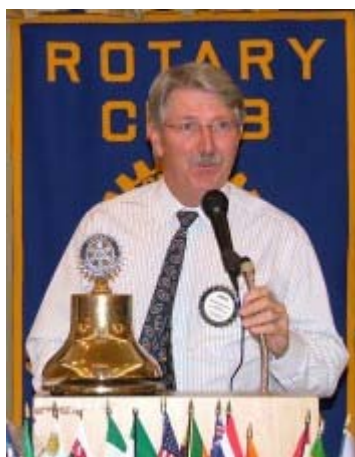


# Rotary Club of Santa Rosa West

## Bulletin for October 3, 2005 "Disaster Preparedness" Are you ready for the big one?

By Anne Abrams

### Preliminaries



Call to order: President Elect, **Chris Rosell**, called the meeting to order; and with a vigorous ring of the bell he acknowledged the best club with the best members or something like that. (It was a smaller group than usual; lots of people traveling right now?)

#### Coming Up

10/10 - Katrina Relief Efforts,  
Mark Weston, Disaster Medical  
Assistance Team ([dmat6.org](http://dmat6.org))

10/17 - Getting to Know Print;  
Rotary Council on Legislation

10/24 - China, Susan Nowacki

11/19 - [Rota Rock Cafe](#):  
District 5130 South Foundation  
Celebration

**The Pledge and Rotary Moment:** Gary Lucas led us in the pledge of allegiance to our flag and offered the following Rotary moment. "If you are distressed by anything external, the pain is not due to the thing itself, but to your estimate of it; and this you have the power to revoke at any moment." -Thomas Aurelias

#### Visiting Rotarians:

**Ginny Pitts** introduced visitors from other Clubs.

Set Up: **Chris Young**

Photos: **Jim Valinoti**

Greeter: **Ginny Pitts**

Bulletin: **Anne Abrams**

Sergeant at Arms: **Ken Kushnir**, pressed into service, was fined for "sassing the prez". (\$25)



## Announcements and Such:

**Harry Rubins** announced the kick-off for the Foundation Campaign (Oct 17) and Foundation Dinner on Nov.19. Each \$10 donation gets you a "virtual" electronic raffle ticket. The goal is to average \$140. per member of the club. Thanks, Harry!



**Susan Foster** is completing our new membership roster and requests changes be given to her as soon as possible.

**Brian Fykes** invited everyone to attend a fundraiser sponsored by radio station KJZY at the Windsor Town Green for the radio's "CD Release Party. Rotarians are to check in and receive a complimentary glass of wine. Four artists will attend the event on Oct.9 from 12 to 4 PM, For more details go to the web site: [www.kjzy.com/concerts/index.php](http://www.kjzy.com/concerts/index.php)



Don't forget your tickets to the Veteran's lunch at Vets Building on Nov. 3<sup>rd</sup>. (\$15.00) Buy two and bring a Veteran to this important Rotary event.

Reminder: Give **Ron Malnatti** your names and addresses for invitations to VIPS to our Crab Feed coming up in January. We need to update our guest list.

Downtown Rotary has donated 2 tickets to their Hoe-Down and BBQ event. Tickets are \$50.00. We will AUCTION the tickets at next week's meeting. Enjoy a delicious BBQ, country dancing and line dancing. Bring your wallets and bids to the next meeting. Proceeds benefit our SR West Club.

**Ken Kushnir** was fined \$25.00 for "sassing the Pres-Elect". **Ken** quietly waited out the rest of the meeting.

### Recognition

**Robin Marrs** was recognized for a trip to Kauai the west most point in the USA. (\$25.00)

**Bill Fisher** was fined \$10 for running in the YMCA 10 K race. Bill came in THIRD! Such athleticism must be fined. Chris presented him the medal.



**Ken Dansie** has returned from Ashville, North Carolina where he is building a 3 story "cabin in the Smokey Mountains" to rival **Chris Rosell's** "cabin" in BC. **Ken** got off with a small \$25.00 fine and said it was "not fair atoll".

**John Meislahn** is back from the Metropolitan Museum in NYC and the Getty Museum in LA donning a very elegant and artistic looking tie. He was notably moved by the experience and therefore PE **Chris** moved \$5.00 from John's wallet to the club's!



**Louie Capuano** related tales of Katrina and the Gulf coast from the podium. He lived through Camille which was a huge disaster back in 1969. He said this hurricane was far, far the worst he has seen.

The Biloxi peninsula was blown bare of houses, which were blown to bits or relocated blocks away. For a mile all houses were leveled to rubble or floated away on the 30 ft wall of water. His family and relatives are all well, no one lost or injured, though traumatized. His family all together lost 15-20 homes. His father-in-law's house was under water up to the attic. One home was just a garage slab, the house itself had completely disappeared.

**Louie's** brothers lost huge oak trees in the yards but houses were ok with just a few missing shingles. One of the oaks was 60 inches in diameter; such was the strength of the hurricane. The family service station was untouched and, thanks to Chevron, back in business in two days when they got their power back. It was one of the few to be operating.

Mississippi lost all the barge casinos in the area and not one of the old civil war era homes was left standing. One of Louie's cousin's had to swim to check on another cousin and then they found a boat (St. Bernard area of New Orleans), and went around turning of gas mains of houses for three days until they were able to get over a levy and boat, up the Mississippi River to Baton Rouge.

**Louie** couldn't believe the devastation and promised to present his pictures at a later meeting. His community will be rebuilt. **Louie** returned to Sonoma County via Houston (the day Rita hit) and had a very difficult time getting out of the city by air. **Louie**, thanks for sharing what must be a terribly difficult time. Glad to see you at the meeting.

**Chris Rosell** reminded us all to donate to Hurricane Relief and meet **Mike Merrill's** challenge last week to match his \$100. Please give generously. **Louie** will find a Rotary Club in his area to assist with finding a suitable project.



### Raffle:

**Brian Fykes** drew for the marble but nope the kitty goes up from this week's \$325. **Rich Standard** won the bottle of wine.



## Program:

**Susan Nowacki** introduced our speaker, member **Judith Light**. When Judith who has worked with ARC for four years on disaster relief and Emergency Preparedness Training in the county.

Judith gave us a brief update on Katrina relief and told about activities of the local Chapter. She emphasized that free presentations for employers or other organizations are available locally.



She gave many statistics about the relief going on in the Gulf region. The numbers of assistance is huge and include:

- 78 million received physical and mental services.
- \$1.1 billion spent on Katrina Hurricane
- 2.5 million survivors received aid
- 3.1 million overnights in 25 states
- 18.8 million hot meals served

The Red Cross helps persons find missing loved ones:  
That number is 1/887-568-3317

In Sonoma County 10,000 people have signed up as volunteers. But sadly once the disaster is behind us many volunteers will disappear. The job is to keep volunteers engaged long after the initial disaster. Sonoma County has sent 3,290 volunteers to the Gulf region. They trained 74,000 people most deployed to the Gulf.

The Red Cross Organization is humanitarian, volunteer agency. 10-12 people are actually employed, and everyone else is volunteer. They provide relief in disaster, prepare people to deal effectively with disaster, and all services are offered free.

Last year they responded to 80 home fires, providing temporary food

and housing as well as clothing. Workers volunteer for two on-call weeks of 24/7. Flood season can be very busy. The one service they charge for is CPR and First Aid classes. They also offer certificate programs for Baby Sitter training and Nurse Assistant Training.

The Red Cross assists with messages between the military servicemen and women and their families. Additionally an elder call program calls people "home alone" on a daily check basis to make sure they are okay.

Judith showed a short video about the 1989 Quake in San Francisco. Quakes can occur without warning any where and any time. Including Hawaii and Alaska as well as across the continental USA. She showed a map peppering the country with markings of quakes.

#### Effects of Earthquakes:

Fire is a major problem as well as chemical spills. We all should learn to put out fires. Responders will also be victims of the quake and not be able to respond to you right away. Learn First Aid.

Very possibly in an earthquake you will have no immediate help available. You may have no heat, lights, water, or phone service.

#### Video:

How to respond in a Quake emergency:

#### DROP COVER HOLD

- Sit so you don't fall down.
- Get under cover of table.
- Cover your head and neck with arms or pillow.
- You are safest indoors.
- If outdoors get into an open area away from falling debris.
- If driving pull over safely and stop (not under overpass)
- Prepare for aftershocks.

#### Video: How to respond after a quake:

- Check self for injuries and stop bleeding.
- Check building for damage
- Wear protective gloves, shoes and other clothing.
- Use flashlight no candles.
- Assist those needing help
- Account for all persons in building and visitors.
- Check for fires. Extinguish in 30 seconds or leave.
- Don't touch the light switches.
- Check electrical chords
- Turn off breaker box switch.
- Turn on radio or TV (battery operated)
- If unsafe conditions exit, seek shelter at emergency shelter taking water and radio with you. Take emergency information numbers.
- You need 2 gallons water per person. Change supplies every six months to assure supplies are fresh.

Thanks Judith for an informative program.

Your Bulletin Reporter:  
**Anne Abrams**



Your Bulletin Editor:  
**Jim Valinoti**



### Duty Roster

TASK	10 Oct	17 Oct
SET - UP	Chris Y	Scott W
GREETER	Fred Z	Ray M
TICKETS	G Lucas	Ginny P
MOMENT	John M	David Mc
PHOTOS	Jim V	Jim V
BULLETIN	Ed Burr	John M
PROGRAMS	Susan N	Susan N
Sgt@Arms	Gil Lucas	Gil Lucas